

# Lipid-Polymer Based Nanoparticles As A New Generation Therapeutic Delivery Platform For Ulcerative Colitis In Vitro/In Vivo Evaluation

Birendra.Shrivastava, K.Venkata Gopaiah, G.Sudhakara Rao,

**ABSTRACT:** The headway of the new medication organization frameworks (NDDS) was a theme of extraordinary enthusiasm for a large number of the pharmaceutical organizations since the advancement of the new particle forced a critical consumption of capital, HR and expert experience. Irritation in the digestive tract called as IBD. Ulcerative colitis (UC) and Crohn's infection were regularly called provocative gut sickness (IBD). Lipid nanoparticles (NC) were nanocrystalline suspensions, encased by lipids that are strong at room temperature. NCs are innovative of nanoparticle transporters, notwithstanding common ones, for example, liposomes, lipid emulsions, and polymeric nanoparticles. The NCs were set up by the hot homogenization technique utilizing an assortment of extents of stearic corrosive and triglyceride monostearate, and Budesonide picked as the model medication for the NC readiness. Guar gum picked as a polysaccharide for the planning of NC. The readied NCs portrayed by molecule estimate, polydispersity file, surface charge, shape and surface morphology, embodiment productivity and in vitro examinations were performed in different disintegration media. The extra chose F6 definition completed for in vitro discharge energy, strength examines and in vivo examinations. The investigation started with preformulation contemplates on the chose medication hopeful Budesonide. A few parameters were contemplated, including bright (UV) absorbance, infrared range, liquefying point, solvency studies and differential checking calorimetry (DSC). The NC arrangement process was effectively reached out on a research facility scale, demonstrated simple execution and took into consideration a reproducible scattering of NC as far as molecule estimate, embodiment productivity, stacking effectiveness, polydispersity record, and surface morphology. By SEM and TEM. Discharge ponders within sight of rodent cecal substance indicated more prominent medication discharge at 24 hours. of disintegration, which was very differed of the medication discharged without rodent cecal substance. It was because of the corruption of guar gum within sight of rodent cecal substance. The in vitro discharge energy examined in the F6 detailing. The detailing indicated Korse-Meyer-Peppas as a best-fit model and pursues the vehicle of Super Case-II. The results of in vivo studies revealed that lipid nanoparticles were the most advisable for colon-specific drug delivery of Budesonide. It ensures that lipid nanoparticles would be therapeutically useful in the colonic region.

**Index Terns:** Novel Drug Delivery systems, Ulcerative colitis, Nanoparticles, Nanocrystalline suspensions

## I. INTRODUCTION

### Anatomy Of Colon

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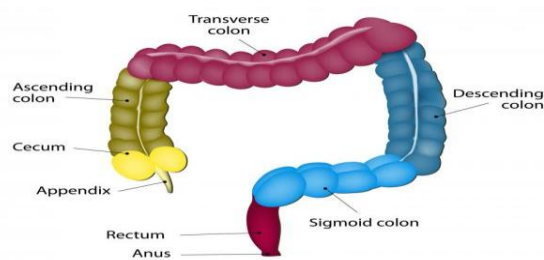
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The stomach related tract is the organ framework inside multicellular creatures that ingest sustenance, digest it to separate vitality and supplements and remove the staying waste. The principle elements of the GI tract are ingestion, assimilation and poop. In an ordinary grown-up male, the GIT is around 6.5 meters (20 feet long) and comprises of upper and lower GI tracts. The upper GI tract is framed by the mouth, pharynx, throat and stomach. The lower GI tract incorporates the small digestive system, the internal organ, and the butt. A digestive organ is more extensive and shorter than the small digestive tract (roughly 1.5 meters long, contrasted with 6.7 with 7.6 meters long for the small digestive system) [1]. The colon is 1.5 cm long and comprises of the cecum, the rising colon, the hepatic flexure, the transverse colon, the splenic flexure, the sliding colon and the sigmoid colon. The auxiliary qualities spoke to in the accompanying figure.

FIGURE No- 01 [02]  
ANATOMY OF THE LARGE INTESTINE



### Anatomical features of the small intestine and large intestine:

#### Organ Characteristics

##### Small Intestine

- Duodenum
- Jejunum
- Ileum

##### Large Intestine [16, 17]

- Caecum
- Ascending colon
- Hepatic flexure
- Transverse colon
- Descending colon
- Sigmoid colon
- Rectum

#### TYPES OF NLC [9]:

It is outstanding from the investigation of suppositories that exceedingly requested crystalline lipid lattices will prompt the ejection of the medication. Nanoparticles and lipid microparticles produced using blends of strong lipids may encounter this, particularly when the nanoparticles are set up from exceptionally sanitized lipids, for instance, tristearin.



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The arrangement of very arranged alterations, especially amid capacity, little space for medication atoms and ejection of medications prompts sedate precious stones in suspensions and strong dose shapes. To keep away from the issue, the particles must have a controlled nanostructure that offers enough space to oblige the medicine. Various methodologies were taken for an improved NLC nanostructure. [3]

- Type I
- Type II
- Type III

## METHODS EMPLOYED IN FABRICATION OF NLC's [10]

There are several methods for the preparation of lipid Nanoparticulate DDS in this type of DDS the drug mainly depends on solubility and stability, the lipid matrix, route of administration, etc.,

- High-pressure homogenization
  - a) Hot High-pressure homogenization
  - b) Cold high-pressure homogenization
- Microemulsion technique [14,15]
- Solvent emulsification-evaporation technique
- Solvent emulsification-diffusion technique
- Phase inversion temperature (PIT) method
- Melting dispersion method:
- High Shear Homogenization or Ultrasonication Technique
- Solvent injection (or solvent displacement) technique
- Double emulsion

Strategies employed for overcoming the issues related to the stability of NLCs[4, 13]

- Spray drying
- Lyophilization
- Stabilizing agent
  - A) Poloxamers
  - B) Polyethylene glycol

## II. AIM AND OBJECTIVES

The point is to answer the issue of early colonic arrival of the medication in the treatment of ulcerative colitis. Because of its potential restorative advantages, more prominent bioavailability and fewer symptoms, the framework dependent on nano bearers picked the advancement of the plan. The target of the proposed work is to plan, enhance and portray another drug organization framework dependent on polysaccharides to deliver the issues identified with prescriptions and treatment through the advancement of controlled medicine organization frameworks. The accompanying destinations are incorporated into the present work to survive:

1. Dissolvability issues.
2. Penetrability issues.
3. Non-uniform circulation of meds.
4. Inquiries concerning the significant potential.

A critical zone in which scholarly research has as of late centered is to create nanostructured lipid transporters focusing on ulcerative colitis. Numerous methodologies have been made to speak to aggravated ulcerative colitis. The fundamental reason for the flow investigate work is to plan nanocarriers stacked with coordinated budesonide. The organization of excited focused on medications has turned out to be progressively significant not just for the organization of medications for the treatment of nearby

illnesses related with the colon, for example, Crohn's infection, ulcerative colitis, touchy inside disorder, yet also for potential advantages for the first supply of proteins. What is more, Therapeutic Peptides The most basic test in this way to deal with medication conveyance is to protect the plan amid its section through the stomach and into the initial six meters of the small digestive system. Traditional medication conveyance frameworks [23] are not fruitful when connected to the treatment of ulcerative colitis (UC) because of deficient medication affidavit at the site of activity. Consequently, an incredible exertion has been made to create nano-sized particles that gather in nervous colonic tissues because of their inclination to mucoadhesion, which thus advances cell take-up and intracellular amassing of the medication. What is more, this is relied upon to improve penetrability and could likewise address the bioavailability issues of such drugs. The arrival of polysaccharide-based medications in the colon together with a pH-subordinate polymer and furthermore the utilization of prebiotics to improve the pharmacological activity of the medications. [24]

## Experimental Materials & Experimental Methods: [5]

### Drug & Chemicals

The active Budesonide material obtained from Sigma Aldrich, India. Hydrochloric corrosive obtained from SD Fine Chemicals Limited, India. Potassium dihydrogen phosphate and sodium dihydrogen orthophosphate obtained from SD Fine Chemicals Limited, India.

### In Vitro Medication Discharge Considers In Ph Cradle Media [22]

The in vitro investigation of medication discharge performed the dialysis strategy. In any case, a slight change in the system did. The medication discharge tests completed in three dialysis sacks (MWCO 6-8 kDa) which drenched in 50 ml bird of prey tubes containing the disintegration medium. 400 µl of detailing (proportionate to 2 mg of Budesonide) put in each sack containing 40 ml of HCl cushion pH 1.2 at  $37 \pm 0.5^\circ \text{C}$  for 2 hours at 100 rpm. Following 2 hours, alter the pH to 6.8 (pH of the small digestive tract) utilizing 1N sodium hydroxide arrangements. Tests of about 1.0 ml were pulled back at 1.0, 2.0, 3.0, 4.0, 5.0, 6.0, 9.0, 12.0, 15.0, 18.0, 21.0 and 24.0 h separately of the disintegration medium and were supplanted by the new cradle medium. The separated arrangements were sifted utilizing 0.22 µ layer channels and examined utilizing RP-HPLC at 230 nm. Every one of the investigations rehashed multiple times, and the normal information recorded.

### In Vitro Medication Discharge Considers In Cecal Media Of Rodents [12, 19]

The in vitro investigation of medication discharge performed the dialysis technique. Be that as it may, a slight change in the methodology did. The medication discharge tests did in three dialysis sacks (MWCO 6-8 kDa) which drenched in 50 ml bird of prey tubes containing the disintegration medium. 400 µl of definition (proportionate to 2 mg of Budesonide) put in each sack containing 40 ml of HCl support pH 1.2 at  $37 \pm 0.5^\circ \text{C}$  for 2 hours at 100 rpm. Following 2 hours, change the pH to 6.8 (pH of the small digestive tract) utilizing 1N sodium hydroxide arrangements.



Toward the finish of the fifth hour, the medium was degassed utilizing nitrogen gas to evacuate undissolved oxygen to keep up anaerobic conditions inside the vehicle for 15 minutes. Rodent cecal arrangement newly arranged at 4% w/v added to the disintegration medium, and the examination proceeded for 24 h under nonstop nitrogen cleansing all through the investigation. Tests of about 1.0 ml were pulled back at 1.0, 2.0, 3.0, 4.0, 5.0, 6.0, 9.0, 12.0, 15.0, 18.0, 21.0 and 24.0 h separately of the disintegration medium and were supplanted by the new support medium. The separated arrangements were sifted utilizing 0.22  $\mu$  layer channels and investigated utilizing RP-HPLC at 230 nm. Every one of the investigations reshaped multiple times, and the normal information recorded.

#### In Vitro Medication Discharge Examines In Human Fecal Media [6, 7]

The in vitro investigation of medication discharge was performed by the dialysis technique. Be that as it may, a slight change in the finished strategy. The medication discharge tests did in three dialysis sacks (MWCO 6-8 kDa) which submerged in 50 ml hawk tubes containing the disintegration medium. 400  $\mu$ l of detailing (identical to 2 mg of Budesonide) set in each sack containing 40 ml of HCl cushion pH 1.2 at  $37 \pm 0.5^\circ \text{C}$  for 2 hours at 100 rpm. Following 2 hours, alter the pH to 6.8 (pH of the small digestive system) utilizing 1N sodium hydroxide arrangements. Toward the finish of the fifth hour, the medium was degassed utilizing carbon dioxide gas to expel undissolved oxygen and keep up anaerobic conditions inside the mode for 15 minutes. At that point, 5% w/v of newly arranged fecal suspensions homogenized in the disintegration medium, and the examination proceeded up to 24 h under persistent  $\text{CO}_2$  cleansing all through the investigation. Tests of about 1.0 ml were pulled back at 1.0, 2.0, 3.0, 4.0, 5.0, 6.0, 9.0, 12.0, 15.0, 18.0, 21.0 and 24.0 h separately of the disintegration medium and were supplanted by the new support medium. The extricated arrangements were sifted utilizing 0.22  $\mu$  layer channels and investigated utilizing RP-HPLC at 230 nm. Every one of the investigations reshaped multiple times, and the normal information recorded. [29]

#### Transient Dependability Ponders.

#### In Vivo Investigations

#### Assessment Of Colon Aggravation [8, 9]

Every one of the creatures utilized in the investigation was housed in clear sans pathogen conditions, and analyses did by institutional aides. BALB/c mice somewhere in the range of 8 and 12 weeks of age got from a creature care focus at the University Clinic of Erlangen. Every single creature explore performed by the German creature.

Prior to enlistment of colitis, all mice were gauged and affirmed to be sound. For the acceptance of colitis, the most normally utilized compound specialists, for example, TNBS, DSS or oxazolone, were utilized with a change of the convention depicted previously. The creature was assembled into four subgroups, one gathering of mice stayed as untreated control, one treated with a free medication arrangement, one gathering treated with straightforward GUARGUM nanoparticles and another treated with covered GUARGUM nanoparticles. Each treated gathering got an equivalent portion of budesonide (portion: 0.168 mg/kg) as a free medication arrangement or oral suspension of nanoparticles.

#### IN VIVO PICTURES OF MICE [10, 11]

For the in vivo picture of the colitis action, the IVIS 100 imaging framework was utilized, comprising of a conservative camera furnished with a cooled CCD camera. The luminescent test L-012 (Wako Chemical) was broken up in sterile  $\text{H}_2\text{O}$  to a last convergence of 20 mol. L-012 was managed intraperitoneally in an infusion volume of 100  $\mu$ l. Amid in vivo imaging, the mice were immobilized after the organization of iso fluran (1.5%). The presentation times of the picture were somewhere in the range of 1 and 2 minutes, contingent upon the power of the flag. The light outflow of the area of intrigue was measured as photons/second  $\text{cm}^2/\text{steradian}$ . Tissue test acquired from all treated and untreated gatherings, and recoloring was performed by an invulnerable histochemistry procedure. In the first place, colon cryosections were fixed by PFA and afterward recoloring of myeloperoxidase positive cells was performed utilizing a rodent monoclonal counter acting agent for MPO (Thermo Scientific) at a grouping of 1: 100 and brooding for 10 hours at  $4^\circ \text{C}$ . Hence, the slides were brooded with an auxiliary jackass hostile to rabbit immunizer conjugated with Cy3 (Bio Legend), at a centralization of 1: 200. Cores recolored with Hoechst 33342 (Life Technologies).

### III. RESULTS AND DISCUSSION:

It was seen from the FTIR range of the physical blend of Budesonide with Guar gum, stearic corrosive and glycerol monostearate as appeared in the figure, that every one of the pinnacles of utilitarian gatherings, for example, the OH extend, the sweet-smelling CH extend, C The C extend, the OH carboxyl stretch, the CO carboxyl stretch and the NH flexion of the Budesonide bunches were recorded at 3085  $\text{cm}^{-1}$ , 2982  $\text{cm}^{-1}$ , 1650  $\text{cm}^{-1}$ , 2552  $\text{cm}^{-1}$ , 1314  $\text{cm}^{-1}$  and 1620  $\text{cm}^{-1}$  separately. The characteristic peaks of the Budesonide maintained in the spectra from the distinctive peaks of excipients. Thus results indicate that no interaction observed between the Budesonide and the excipient in the physical mixture of drug and excipients.

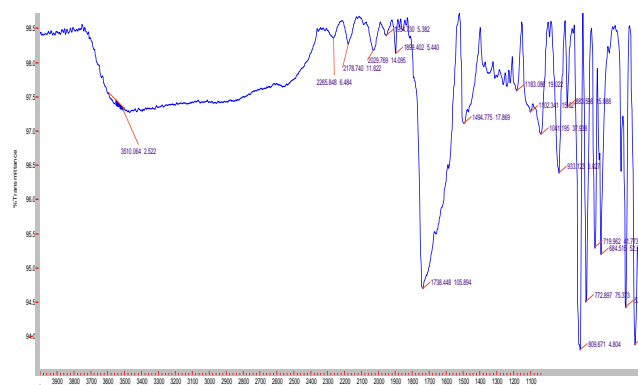


Figure No. 02  
FTIR of a physical mixture of excipients with Budesonide

**DIFFERENTIAL SCANNING CALORIMETRY (DSC)**  
The peak for Budesonide at  $281^\circ \text{C}$ ,  $286^\circ \text{C}$ , and  $284^\circ \text{C}$  respectively.



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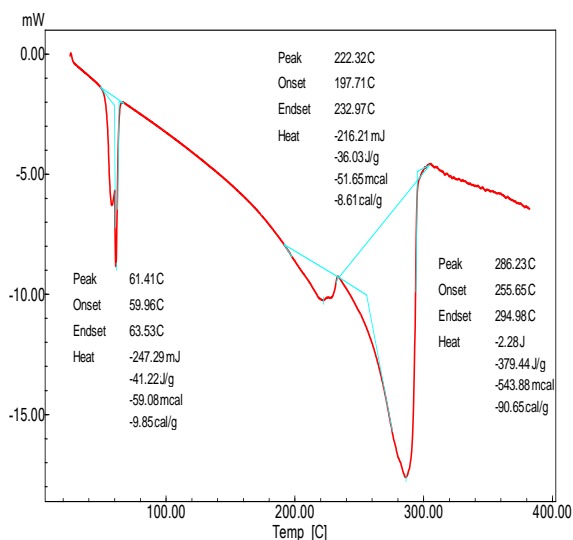


Figure No. 03

DSC of a mixture of excipients with Budesonide

## Formulation Development

The goal of this exploration was to create NC for the restriction of a medication in the colon. NCs are strong lipid lattices that trap the medication in its crystalline structure. These broadly utilized in the conveyance of the medication. Since they are biodegradable, they have sufficient soundness and noteworthy danger because of the nonattendance of natural solvents. Budesonide chose as a model medication in the plan of the NC. Budesonide picked as a model medication for the readiness of NC. 2 ml of plan arranged for every detailing gathering (F1 to F8). Reasonable measures of triglyceride monostearate, stearic corrosive, guar gum of various arranged fixations. The NCs procured are portrayed.

TABLE NO. 01  
FORMULATION MODELS

Excipients	F1	F2	F3	F4	F5	F6	F7	F8
Budesonide (mg)	10	10	10	10	10	10	10	10
Triglyceride monostearate (mg)	30	50	70	50	50	50	50	50
Stearic acid (mg)	70	50	30	50	50	50	50	50
Polysorbate 80 (μl)	20	20	20	20	20	20	20	20
Milli-Q water (μl)	1980	1980	1980	---	---	---	---	---
Guargum (0.2% w/v) (μl)	---	---	---	1980	---	---	---	---

Guargum (0.3% w/v) (μl)	---	---	---	---	1980	---	---	---
Guargum (0.4% w/v) (μl)	---	---	---	---	---	1980	---	---
Guargum (0.5% w/v) (μl)	---	---	---	---	---	---	1980	---
Guargum (0.6% w/v) (μl)	---	---	---	---	---	---	---	1980

## Particles Size Determination

Malvern Zetasizer and results evaluated the particle size of the NCs were displayed in the table

Table No. 02 -Particle size of Nanoparticles

S.No.	Formulation codes	Particlesize(nm)
1	F1	135±0.7
2	F2	127±0.4
3	F3	131±0.8
4	F4	210±0.3
5	F5	214±0.5
6	F6	217±0.6
7	F7	268±0.2
8	F8	341±0.2

Size Distribution by Intensity

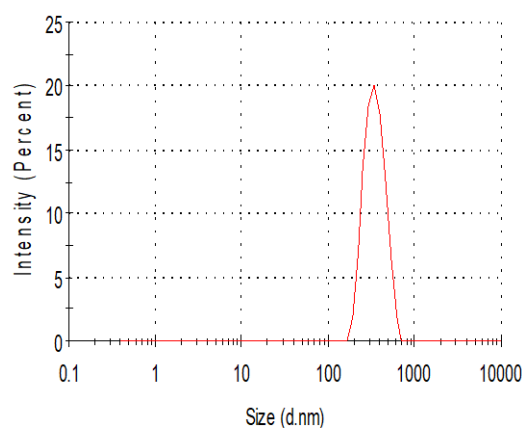
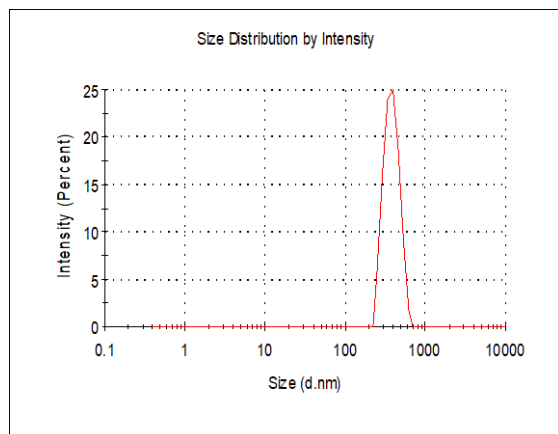


Figure-04

Size distribution intensity of uncoated nanoparticles



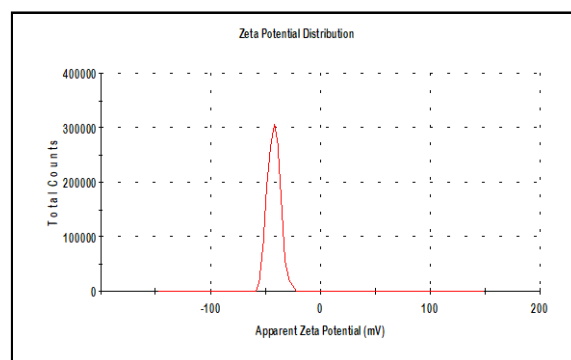
**Figure No. 05**

Size distribution intensity of coated nanoparticles  
Surface charge of the determination of the particle by  
Zeta Seizer

**TABLE NO.03**

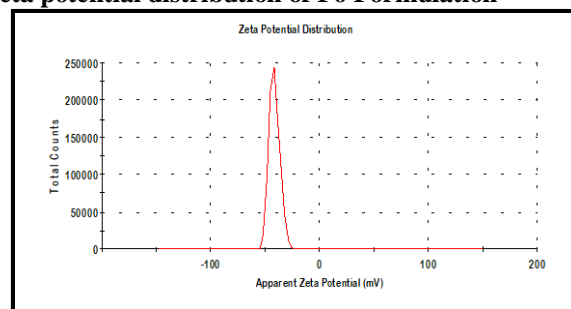
**ZETA POTENTIAL OF NANOPARTICLES**

S.No.	Formulation Code	Zeta Potential (mV)
1	F2	-8.6
2	F5	-29.7
3	F6	-34.7
4	F7	-31.4



**Figure No. 07**

**Zeta potential distribution of F6 Formulation**



**Figure No. 08 Zeta potential distribution of F7 Formulation**

**Surface Morphology By Sem**

The arranged examples saw under an examining electron magnifying instrument (SEM-Joel, JSM-6100). SEM and TEM give an approach to straightforwardly watch nanoparticles, physical portrayal of nanoparticles for morphological examination. It was discovered that the state of the particles is round with a size scope of 400-500 nm. The SEMs of guar gum nanoparticles stacked with budesonide of details F2, F4, F5, F6, F7 and F8 were practically round in the Efficiency figures of the particles.

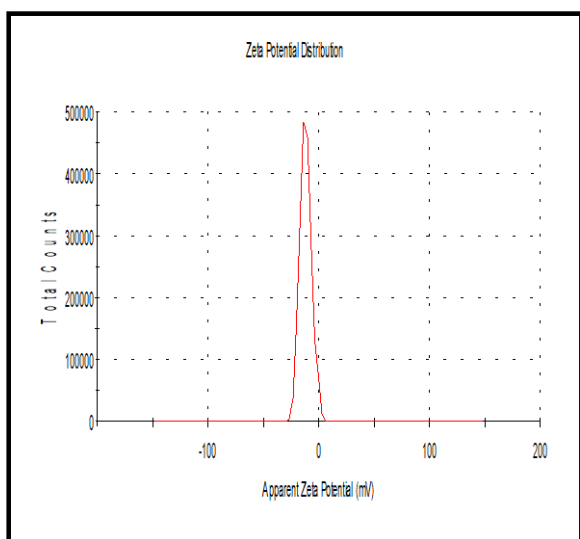
**Drug encapsulation efficiency, loading efficiency, and Polydispersity Index determination**

**TABLE NO-04**

**Particle size, Encapsulation efficiency and polydispersity of nanoparticles**

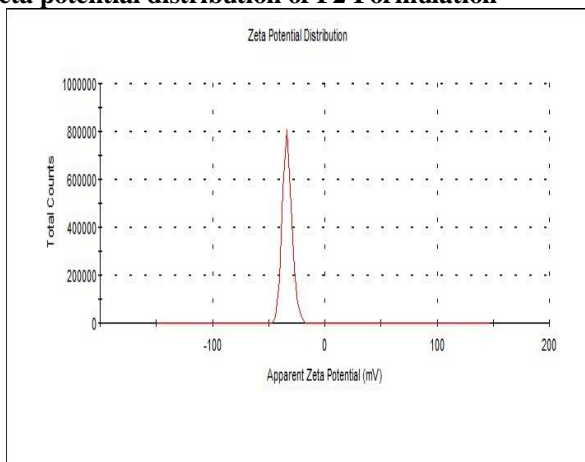
Formulation codes	Particle size (nm)	Encapsulation efficiency	Polydispersity Index	Loading efficiency
F1	135±0.7	61.26±0.5%	0.423±0.04	1.10±0.5%
F2	127±0.4	65.38±1.2%	0.382±0.02	1.17±0.1%
F3	131±0.8	63.24±1.1%	0.451±0.01	1.12±0.6%
F4	210±0.3	62.38±0.4%	0.512±0.02	1.15±0.7%
F5	214±0.5	64.28±0.3%	0.501±0.03	1.18±0.2%
F6	217±0.6	72.71±1.2%	0.340±0.04	1.27±0.4%
F7	268±0.2	63.31±1.1%	0.522±0.05	1.12±0.1%
F8	341±0.2	56.38±3.1%	0.623±0.07	1.09±0.2%

**Fourier Transform Infrared Spectroscopy (Ftir)**



**Figure no-06**

**Zeta potential distribution of F2 Formulation**

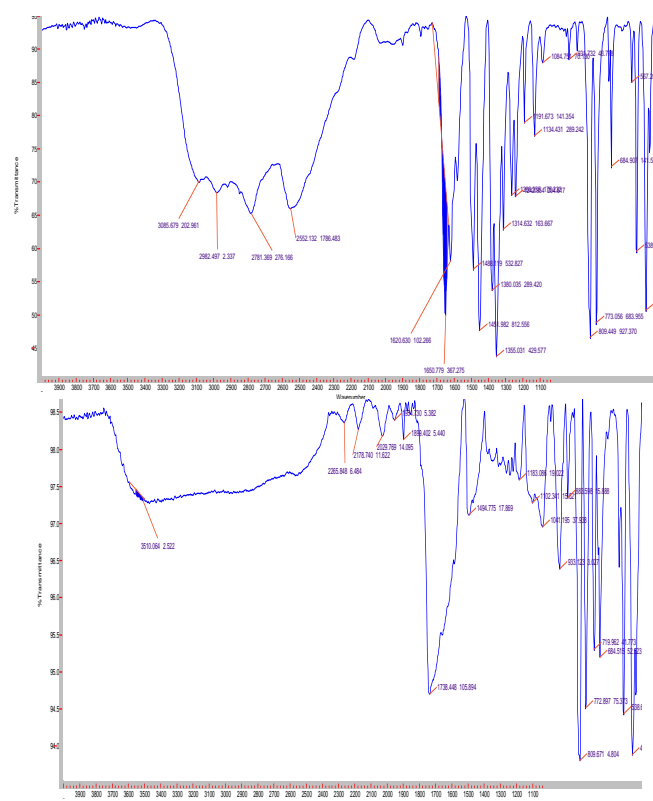


**Figure No. 06 Zeta potential distribution of F5 Formulation**

# Lipid-Polymer Based Nanoparticles As A New Generation Therapeutic Delivery Platform For Ulcerative Colitis In Vitro/In Vivo Evaluation

The FTIR spectra exhibited in the figure of the developed NCs reveals that the characteristic peaks of functional groups of drug Budesonide as shown in the figure and were recorded. The results indicate the absence of any interaction of the drug with excipient during the preparation of NCs.

**Figure No. 09 FTIR of Formulation F2**



Bifidobacterium, Lactobacillus species and bactericides were the most transcendent microscopic organisms in the media that debased the guar gum covering, which set off the dynamic arrival of the medication in cecal rodent media contrasted with human fecal media and cushioned media.

TABLE NO. 05

**A COMPARATIVE *IN-VITRO* STUDY OF BUDESONIDE-NCS IN RAT CAECAL MEDIA**

Time (hr.)	F4 Formulation	F5 Formulation	F6 Formulation	F7 Formulation	F8 Formulation
0	0	0	0	0	0
2	0.6±0.4	0.6±0.2	0.6±0.2	0.6±0.2	0.6±0.2
3	11.8±1.4	10.8±1.4	2.5±0.6	2.3±0.4	2.2±1.4
5	25.2±2.0	24.2±2.7	7.8±2.0	7.6±1.8	7.2±1.8
6	32.1±1.4	31.6±2.1	21±2.7	19.4±2.3	16.4±2.4
9	41.6±2.1	39.4±3.4	31.1±2.8	30.5±2.1	25.5±1.3
12	49.6±2.0	48.2±2.4	48±3.0	37.4±1.6	32.4±1.6
15	62.1±2.6	61±2.3	60.4±2.8	44.2±2.1	38.2±2.4
18	78.4±1.2	77.4±1.4	76±1.8	50.1±1.4	44.1±1.4
21	86±2.2	85.2±1.2	84.1±1.8	58.4±2.3	50.4±1.3
24	89±1.5	88±1.6	87±2.0	65.2±3.1	59.2±2.1

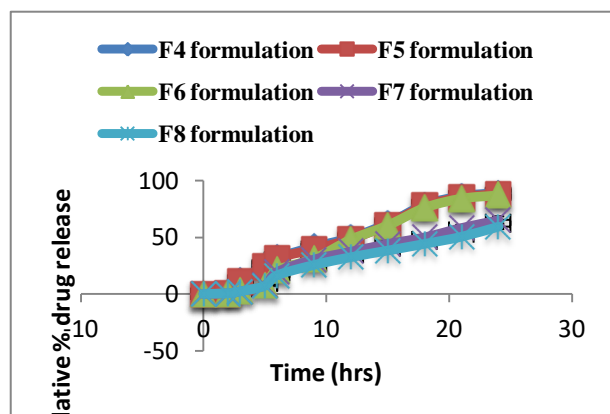


Figure No. 15

**A comparative *in-vitro* study of Budesonide-NCs in Rat caecal media**

**IN VIVO STUDIES**

**COLITIS MODELS**

Three settled creature models of colitis (DSS, TNBS and oxazolone) chose for in vivo examinations and the helpful viability of the free medication and the nanoparticles stacked with the investigated medication. After the enlistment of colitis, one gathering of creatures was kept up with aggravated mucosa for correlation, while different gatherings were treated with free budesonide, basic nanoparticles stacked with budesonide or nanoparticles covered with guar gum.

**Myeloperoxidase activity**

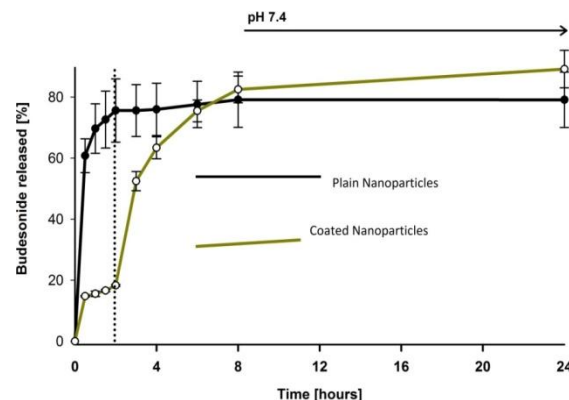


Figure No. 16

*In vitro* release of budesonide from plain and coated nanoparticles in simulated gastrointestinal fluid at pH 1.2 and 7.4.  
(Mean, n = 3 ± SD)

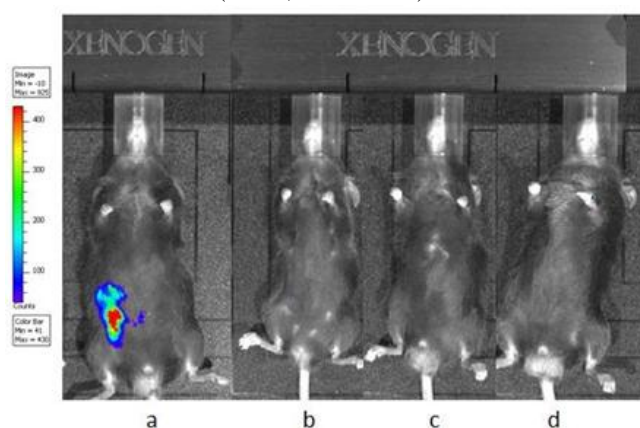


Figure No. 17

***In vivo* MPO activity measurement in live mice by luminescence detection**

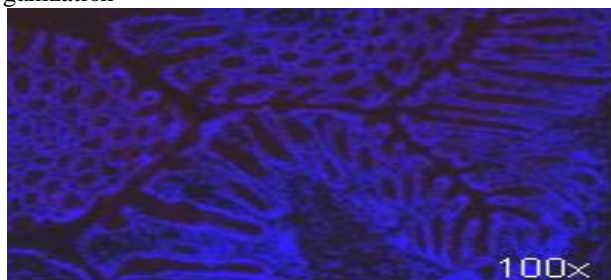
**Mini-endoscopic analysis**

A second endoscopy think about was performed on the second day after the acceptance of irritation to check the manifestations of aggravation in live mice. The outcomes permitted the observing and arrangement of the malady, just as the colitis score. Kindled mice plainly demonstrated indications of irritation with exorbitant creation of bodily fluid and shallow granular mucosa. Likewise, the endoscopy think about was additionally performed for all the treated gatherings. Based on these endoscopic indications of aggravation, a colitis score extending from 0 (no indications of irritation) to 10 (serious colitis) was created. The outcomes demonstrated that the covered Guar gum nanoparticles performed superior to the single nanoparticles or the Guar gum free medication arrangement and demonstrated the most reduced score in all colitis models. Every one of the information were gathered for examination by a Kruskal Wallis test to make numerous correlations and a huge measurable distinction. the outcomes demonstrated a dynamic abatement in the colitis score when treated with free budesonide; Guar gum nanoparticles stacked with budesonide and covered. What's more, the information uncovered that the gathering treated with free budesonide calmed the aggravation (\* p < 0.05) when contrasted with the control of the fire.

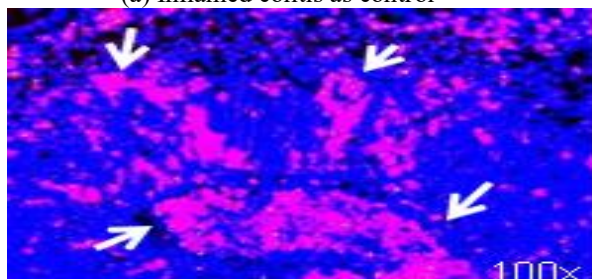


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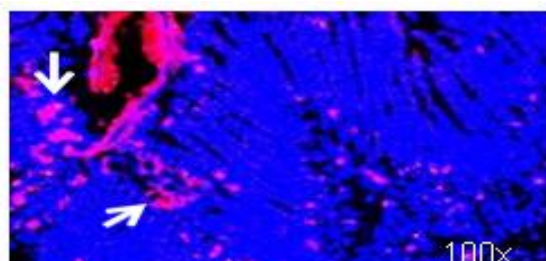
The gathering of creatures treated with basic Guar gum nanoparticles stacked with budesonide demonstrated a lessening in irritation (\*\*  $p < 0.01$ ) contrasted and free budesonide, while the gathering treated with nanoparticles covered with Guar gum demonstrated a lower colitis score (\*\*\*) When contrasted with the gathering treated with Guar gum nanoparticles and had a measurably critical distinction. The covered Guar gum nanoparticles demonstrated a similarly better remedial movement because of their enteric covering which permits the conveyance of a most extreme measure of the medication stacked to the objective site without earlier misfortune in the stomach or other piece of the gastrointestinal tract after oral organization



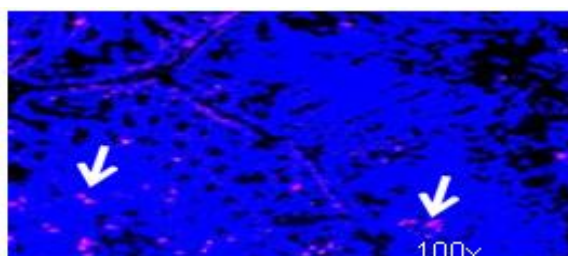
(a) Inflamed colitis as control



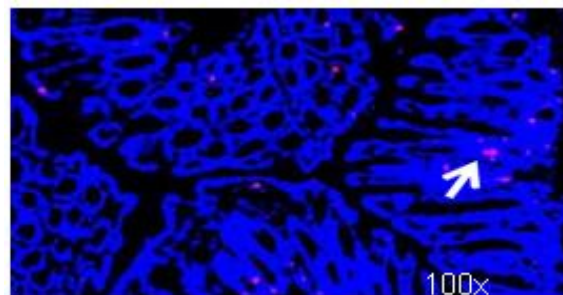
(b) Free budesonide treated



(c) Treated with budesonide loaded plain nanoparticles



(d) Treated with budesonide loaded coated nanoparticles



(e) Cross-sectional study by immune histochemical techniques where the coated nanoparticles showed the low extent of granulocytes.

**Figure No-18**

**HEALTHY CONTROL INFLAMED CONTROL  
PLAIN GUAR GUM NP GUAR GUM COATED NP  
BUDESONIDE SOLUTION**

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